Look at the “Defense and Veterans Pain Rating Scale” and read the descriptions under each number. Please rate the severity of your CURRENT PAIN by circling the corresponding number (0 to 10).

**Defense and Veterans Pain Rating Scale**

1. Circle the one number that describes how, during the past 24 hours, pain has interfered with your usual ACTIVITY:

   - 0: Does not interfere
   - 1: Notice pain, does not interfere with activities
   - 2: Notice pain, sometimes distracts me
   - 3: Distracts me, can do usual activities
   - 4: Interrupts some activities
   - 5: Hard to ignore, avoid usual activities
   - 6: Focus of attention, prevents doing daily activities
   - 7: Awful, hard to do anything
   - 8: Can’t bear the pain, unable to do anything
   - 9: As bad as it could be, nothing else matters

2. Circle the one number that describes how, during the past 24 hours, pain has interfered with your SLEEP:

   - 0: Does not interfere
   - 1: Notice pain
   - 2: Sometimes distracts me
   - 3: Distracts me, can do usual activities
   - 4: Interrupts some activities
   - 5: Hard to ignore, avoid usual activities
   - 6: Focus of attention, prevents doing daily activities
   - 7: Awful, hard to do anything
   - 8: Can’t bear the pain, unable to do anything
   - 9: As bad as it could be, nothing else matters

3. Circle the one number that describes how, during the past 24 hours, pain has affected your MOOD:

   - 0: Does not affect
   - 1: Notice pain
   - 2: Sometimes distracts me
   - 3: Distracts me, can do usual activities
   - 4: Interrupts some activities
   - 5: Hard to ignore, avoid usual activities
   - 6: Focus of attention, prevents doing daily activities
   - 7: Awful, hard to do anything
   - 8: Can’t bear the pain, unable to do anything
   - 9: As bad as it could be, nothing else matters

4. Circle the one number that describes how, during the past 24 hours, pain has contributed to your STRESS:

   - 0: Does not contribute
   - 1: Notice pain
   - 2: Sometimes distracts me
   - 3: Distracts me, can do usual activities
   - 4: Interrupts some activities
   - 5: Hard to ignore, avoid usual activities
   - 6: Focus of attention, prevents doing daily activities
   - 7: Awful, hard to do anything
   - 8: Can’t bear the pain, unable to do anything
   - 9: As bad as it could be, nothing else matters


For clinicians to evaluate the biopsychosocial impact of pain, DVPRS Supplemental Questions are provided.

**DVPRS Supplemental Questions**

1. Circle the one number that describes how, during the past 24 hours, pain has contributed to your STRESS:

2. Circle the one number that describes how, during the past 24 hours, pain has interfered with your SLEEP:

3. Circle the one number that describes how, during the past 24 hours, pain has affected your MOOD:

4. Circle the one number that describes how, during the past 24 hours, pain has interfered with your usual ACTIVITY:

For the “DVPRS Supplemental Questions,” please rate how pain has interfered for the past 24 hours by circling the number.