All PROMIS scales, except the Neuropathic Pain Scale, leverage Computer Adaptive Testing, whereby scales are typically completed in 3-8 questions.
Surveys, Minimally Important Differences (MID), & Prosetta Stone

*Note: PROMIS scale scores are interpreted according to their names. Example: Higher Physical Functioning scores = better physical functioning, but higher Pain Interference scores = worse pain interference. ProsettaStone.net has calibrated linking tables to cross-walk PROMIS scale scores with legacy scale scores (e.g., GAD-7, PHQ9). The available linking tables are listed on the right side of the scale name. Minimal important differences (MID) sometimes vary according to pain type and duration.

**Non-PROMIS Scales**

**PROMIS Physical Functioning**
- MID: 2-3.3 points
  - SF-36 Physical Functioning
  - HAQ-Disability Index
  - DASH/Quick DASH

**PROMIS Pain Interference**
- MID: 2-5.5 points
  - BPI Interference, SF-36 Bodily Pain

**PROMIS Fatigue**
- MID: 2.5-4.5 points
  - FACIT-Fatigue, SF-36 Vitality

**Defense and Veterans Pain Rating Scale (DVPRS)**
- MID: 30% or 2 points

**Pain Catastrophizing Scale**
- MID: 38-40%

Note: PROMIS scales are t-scores, mean = 50, SD = 10.
*Note: PROMIS scale scores are interpreted according to their names. Example: Higher Physical Functioning scores = better physical functioning, whereas higher Pain Interference scores = worse pain interference. ProsettaStone.net has calibrated linking tables to cross-walk PROMIS scale scores with legacy scale scores (e.g., GAD-7, PHQ9).

MID: 5 points
Satisfaction with Social Roles
MID: 2.5-5.5 points
Anxiety
MID: 3-5.5 points
Depression
MID: 2.4-4.3 points
Anger

PHQ-9, CES-D, BDI-II, PANAS, PHQ-2, SF-36 Mental Health

GAD-7, SF-36 Mental Health, MAX-PC, MASQ, PANAS

BPAQ

These scales are reported in the report’s alert box. If scores are 1SD above the norm or above pre-established threshold, the alert box will be positive.

Primary Care PTSD Screen
PROMIS Alcohol Use
Neuropathic Pain Quality Scale
PROMIS Prescription Pain Medication Misuse
• A 2-page provider report displays patient responses, across time.

• Includes alert box to flag concerns.
**Name:** Fedilynn Donald  
**Date:** 22-Nov-17  
**Record ID:**

**PAIN LOCATIONS**
1. Front Left Lower Leg
2. Front Left Lower Arm
3. Front Left Upper Arm
4. Back Right Shoulder
5. Front Left Pinky Toe
6. Front Left Leg
7. Back Left Leg
8. Back Right Thigh
9. Front Left Upper Thigh
10. Back Left Upper Thigh
11. Front Left Wrist
12. Right Wrist

**PAIN SEVERITY**
- Current: 0
- Average: 0
- Worst: 0

- **Morphine Equivalent Dose**
  - 21-Apr-17: 36
  - 06-May-17: 14
  - 16-May-17: 11
  - 6-Nov-17: 17

- **Rx Pain Med Misuse T-Score**
  - 21-Apr-17: 5
  - 06-May-17: 3
  - 6-Nov-17: 3

**Treatment History and Effectiveness**

<table>
<thead>
<tr>
<th>Type of Treatment (examples)</th>
<th>When it was used</th>
<th>Effectiveness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exercise, physical therapy or occupational therapy</td>
<td>Currently</td>
<td>Moderately</td>
</tr>
<tr>
<td>Other physical treatments (heat, massage, TENS)</td>
<td>1-3 years ago</td>
<td>No</td>
</tr>
<tr>
<td>Opioid medications (oxycodone, morphine)</td>
<td>Currently</td>
<td>Moderately</td>
</tr>
<tr>
<td>Behavioral treatment (CBT, relaxation, distraction)</td>
<td>5+ years ago</td>
<td>No</td>
</tr>
<tr>
<td>Non-steroidal anti-inflammatory medication (ibprofen) and/or acetaminophen (Tylenol, etc.)</td>
<td>This year</td>
<td>No</td>
</tr>
<tr>
<td>Neuropathic pain medications (gabapentin, nortriptyline, duloxetine, etc.)</td>
<td>Never</td>
<td>N/A</td>
</tr>
<tr>
<td>Complementary and integrative therapies (acupuncture, yoga, etc.)</td>
<td>Never</td>
<td>N/A</td>
</tr>
<tr>
<td>Injection therapies (epidural steroid or joint injections, etc.)</td>
<td>This year</td>
<td>N/A</td>
</tr>
<tr>
<td>Orthopedic or neurosurgical surgeries (spinal fusion, arthroscopic joint surgeries, joint replacement, etc.)</td>
<td>1-3 years ago</td>
<td>Moderately</td>
</tr>
</tbody>
</table>

**Prescription Pain Medication Misuse**  
Negative Screen

**PTSD**  
Negative Screen

**Alcohol Concern**  
Negative Screen

**Depression**  
Moderately Severe  
(equiv to PHQ9~15-19)

**Anxiety**  
Moderate  
(equiv GAD7 10-14)

**Neuropathic Pain Screen**  
Negative Screen
**PROMIS Scales**

- **Physical Function**
- **Social Function**
- **Depression**
- **Anxiety**
- **Anger**
- **Sleep-Related Impairment**
- **Fatigue**
- **Pain Interference**
- **Pain Catastrophizing**

**Important activities that are limited by pain...**

- Play with my kids.
- Walk to the store.
- Reduce opioids.